

Ready to get moving?

CRD Environmental Services

Capital Regional District | June 2023

We are all ready to enjoy the warm weather – and what better way to do it than by practicing active transportation.

Human powered transportation is not only beneficial for our health, but also for our environment. More than half of our regional carbon pollution comes from transportation, thus choosing to travel by bike is one of the most effective ways to reduce our carbon footprint. Biking to work, walking to the grocery store, or kayaking to a picnic are also great alternatives to make our commute memorable during the sunny days. Don't want to do all the work? Don't worry, there are multiple ways to get a boost on your transportation method like mobility aids, electric bikes, or a good pair of shoes that will get you excited to walk. You can learn more about rebates for electric vehicles, including electric bikes visiting www.crd.bc.ca/charge



Implementing active transportation is also a great way to save time by avoid getting stuck in traffic. You can have a smooth commute using bike lanes and trails all through the region. You can plan your ride using the [regions bike map](#) showing 58 routes through all 13 municipalities.

Busy places such as Downtown Victoria are often challenging when looking to park your vehicle. With current gas prices and the rising cost of parking, there's no better time to leave the car at home and use your bike. The City of Victoria offers the [free bike valet](#) in a coat check style. You have a free, convenient, and secure parking option when riding your bike to the busy downtown core to enjoy your day worry-free knowing your bike, bike trailers, and other bike accessories are safe.

Need more reasons to implement active transportation this summer?

- Enjoy the nice weather and the views during your commute.
- Get your exercise in while enjoying nature.
- Create safer streets by reducing traffic congestion.
- Save time and money. No more time wasted in traffic or money wasted in expensive fuel and parking.
- Support climate action initiatives by lowering GHG emissions.

We can't wait to see residents enjoy the warm weather during their daily activities by implementing active transportation. Still not convinced? Visit www.crd.bc.ca/active to learn more ways to include human powered transportation in your daily routine.
